

# Lunch

ADD FRIES TO ANY SANDWICH

**Skinny Fries £3**

**Sweet Potato Fries or Hash Browns £3.5**

## Sandwiches & Wraps

### North Laine Club 13.9

OUR LEGENDARY TRIPLE DECKER WITH SPICED CHICKEN, BACON, MOZZARELLA, SMASHED AVOCADO, TOMATO & HOMEMADE BASIL PESTO ON SOURDOUGH BREAD

### The Melt 11.9

MELTED MATURE CHEDDAR, PULLED PORK, SLICED GHERKIN & FRESH TOMATO ON TOASTED SOURDOUGH BREAD

### Halloumi Marvellous 10.9

GRILLED HALLOUMI, HUMMUS, SMASHED AVOCADO, SPINACH & FRESH TOMATO IN A TOASTED WRAP

**ADD: SPICED CHICKEN BREAST £2.5**

### Classic Italian 10

MOZZARELLA, HOMEMADE BASIL PESTO & FRESH TOMATO ON SOURDOUGH BREAD

**ADD: SMASHED AVOCADO OR SPICED CHICKEN £2.5**

### The CBA 12.9

SPICED CHICKEN, BACON, SMASHED AVOCADO & HOUSE LEMON MAYO ON SOURDOUGH BREAD

### The Local Legend 12

OUR FAMOUS CHICKEN & CHORIZO WITH HOUSE CHILLI MAYO ON SOURDOUGH BREAD

**ADD: GRILLED HALLOUMI £2.5**

### BLT 10

DRY CURED SMOKED BACON, FRESH TOMATO & CRISP LETTUCE WITH HOMEMADE GARLIC MAYO ON SOURDOUGH BREAD

### Sweet As (vegan) 9.9

OUR ROASTED SWEET POTATO & AVOCADO SALSA WITH SPINACH & HUMMUS ON SOURDOUGH BREAD

### The Laine Swimmer 12

HOMEMADE CRISPY CRUMBED COD FILLETS WITH HOUSE TARTAR SAUCE, CRISP LETTUCE & CUCUMBER IN A WRAP

### Falafel (vegan) 11

THIS VICTORIOUSLY VEGAN WRAP CONSISTS OF OUR HOMEMADE FALAFEL WITH HUMMUS, CRISP LETTUCE, TOMATO, CUCUMBER & SWEET CHILLI SAUCE

**ADD: GRILLED HALLOUMI £2.5**

### Chicken Rosti 11

HOMEMADE SPICED CHICKEN & POTATO IN A CRISPY BREADCRUMB WITH CRISP LETTUCE, TOMATO, AVOCADO SALSA, YOGHURT & CHILLI MAYONNAISE IN A WRAP

## Lunch Bowls

### Sweet Potato Buddha 11.9

ROASTED SWEET POTATO, HOUSE SPICED BLACK TURTLE BEANS, SMASHED AVOCADO, GIANT COUSCOUS, TOMATO & BABY SPINACH WITH OUR MAPLE & TAHINI DRESSING

### Super Soba Noodle 11.9

DRESSED SOBA NOODLES ON SPINACH WITH CUCUMBER, EDAMAME BEANS, SMASHED AVOCADO, VEGAN KIMCHI, PICKLED GINGER, HOUSE MISO DRESSING & WASABI CASHEWS

### Salad 8

MIXED LEAVES, SHREDDED CARROT, VINE TOMATO, RED ONION & CUCUMBER WITH OUR HOUSE BALSAMIC DRESSING

**ADD TO ANY BOWL: £2.5 each**

SPICED CHICKEN BREAST, SMASHED AVOCADO, BACON VEGAN SPICED TEMPURA TOFU, HOMEMADE FALAFEL FETA CHEESE, GRILLED HALLOUMI, POACHED EGG

## Fries

### Skinny Fries 4.5

PLAIN OR WITH GARLIC & ROSEMARY

### Loaded Fries 8.9

A LARGE PORTION OF SKINNY FRIES LOADED WITH PULLED PORK, MELTED CHEDDAR CHEESE & HOMEMADE BBQ SAUCE

### Veggie Loaded Fries 8

A LARGE PORTION OF SKINNY FRIES LOADED WITH MELTED CHEDDAR CHEESE, HOUSE AVOCADO SALSA, PICKLED RED ONION & HOMEMADE BBQ SAUCE

### Sweet Potato Fries 5

PLAIN OR WITH GARLIC & ROSEMARY

## Local Wherever We Can

### Meats

OUR PORK PRODUCTS ARE SUPPLIED BY THE BRIGHTON SAUSAGE CO. THEY SOURCE FROM THE FINEST FREE RANGE, LOCAL HERDS TO PRODUCE THE BEST QUALITY MEAT

### Breads

COBURN & BAKER ARE OUR LOCAL ARTISAN BAKERY. THEY BAKE OUR TASTY SOURDOUGH LOAVES OVERNIGHT AND DELIVER THEM TO US 7 DAYS A WEEK

### Milk

NORTHAM DAIRY ARE NATIONALLY RENOWN FOR THE QUALITY OF THEIR MILK ESPECIALLY FOR COFFEE, WE ARE LUCKY TO HAVE THEM ON OUR DOOR STEP DELIVERING FRESH LOCAL MILK TO US. THE MILK IS NON HOMOGENISED JUST LIKE MILK USED TO BE, ITS CREAMY AND FULL OF FLAVOUR

FLIP MENU OVER TO CONTINUE